

Suppe
Selbstverständlich
hausgemacht



Gibts auch vegetarisch



NEU AB MÄRZ



RAMEN IM ONE TWO EAT

Probieren Sie eine der 4 köstlichen Ramen mit Toppings nach Wahl - ganz nach Ihrem Geschmack!

UniCredit Preis	3,50 €
Quartier Sechs Preis	10,90 €

eat

ONE TWO EAT

gleich hinter dem Bin'Om im Obergeschoss, geöffnet:
Montag - Freitag von 11:00 bis 15:00 Uhr

HIER ISST MAN RICHTIG

FRESH



STATION		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP clear		Beef Bouillon • Herb Egg Drop 1.50 € KH: 6g (dZ, 0g) F:2g EW: 3g 54kcal	Clear Vegetable Soup • finely sliced Wild Garlic Pancakes KH: 10g (dZ, 2g) F:2g EW: 4g 77kcal	Beef Bouillon • Semolina Dumplings • fresh Chives KH: 8g (dZ, 0g) F:3g EW: 2g 63kcal	Clear Chicken Soup • Olive Biscuit KH: 3g (dZ, 1g) F:3g EW: 4g 59kcal	Clear Vegetable Soup • Vegetable Strudel KH: 5g (dZ, 1g) F:2g EW: 4g 55kcal
SOUP creamy		Creamy Sweetcorn Soup • White Bread Crumbs Dumpling 1.50 € KH: 26g (dZ, 3g) F:14g EW: 7g 253kcal	Creamy Cheese Soup • Cherry Brandy • Brown Bread Strips KH: 8g (dZ, 2g) F:13g EW: 5g 166kcal	"Zuppa di lenticchie" Italian Lentil Soup KH: 7g (dZ, 2g) F:3g EW: 3g 73kcal	Creamy Wild Garlic Soup • Brioche Croutons KH: 7g (dZ, 4g) F:7g EW: 3g 102kcal	Guibau Nam Gai* Spicy - sour Rice Noodles Soup KH: 13g (dZ, 2g) F:1g EW: 8g 99kcal
SOUP vegan		Tomato Soup • Olive Crostini 1.50 € KH: 7g (dZ, 2g) F:12g EW: 1g 129kcal	"Sopa Cilantro" Mexican Vegetable Soup • KH: 4g (dZ, 2g) F:1g EW: 2g 34kcal	Orange - Carrot Soup • Vegetable Strips KH: 6g (dZ, 5g) F:2g EW: 1g 49kcal	Creamy Turnip Soup • Koriander Croutons KH: 7g (dZ, 2g) F:6g EW: 3g 81kcal	White Bean Soup • Lovage KH: 13g (dZ, 1g) F:1g EW: 5g 82kcal
1 ECO	* 4.90 €	Viennese Potato Gulash • Sausage • Roll 12,30 € KH: 64g (dZ, 3g) F:29g EW: 30g 644kcal	Pancakes with Minced Meat Filling • Mediterranean Gemüse Sour Cream Dip KH: 49g (dZ, 14g) F:49g EW: 27g 744kcal	"Spaghetti all Amatriciana" Vegetable • Bacon • Rocket • Grana KH: 112g (dZ, 5g) F:36g EW: 27g 879kcal	Viennese roasted minced Meat Patties • creamy Potatoes KH: 49g (dZ, 7g) F:45g EW: 41g 776kcal	Sweet Cheese Strudel • Vanilla Sauce KH: 42g (dZ, 17g) F:24g EW: 18g 454kcal
3 course meal with soup or salad or dessert	12,30 €					
2 TRADITIONELL	* 4.90 €	Beef Stew • Parsley - "Ebly" Whole Wheat 12,30 € KH: 41g (dZ, 4g) F:27g EW: 43g 585kcal	1 / 2 roasted Chicken • White Bread Filling • Potato Salad KH: 63g (dZ, 9g) F:18g EW: 129g 943kcal	"Szegediner Krautfleisch" • Pork & "Sauerkraut" Stew Caraway Potatoes • Sour Cream KH: 33g (dZ, 3g) F:38g EW: 34g 614kcal	Turkey - Cordon Bleu • Mozzarella • Tomato • Basil • Rosemary Potatoes KH: 74g (dZ, 4g) F:28g EW: 60g 799kcal	Fillet of Tilapia à la Basilico • Leek Purée KH: 35g (dZ, 5g) F:9g EW: 42g 402kcal
3 course meal with soup or salad or dessert	12,30 €					
3 VEGETARISCH/ VEGAN	* 4.90 €	Home-made gratinated creamy Wild Garlic Dumplings • roasted Pumpkin Seed 12,30 € KH: 112g (dZ, 8g) F:38g EW: 37g 945kcal	Vegan Chili • Bean Curd • Cashew Nuts • Natural Rice KH: 97g (dZ, 13g) F:19g EW: 38g 715kcal	Oven-roasted Courgettes • Potato - Olive - Feta Filling • marinated Rocket • Tomatoes • Lemon Sauce KH: 20g (dZ, 6g) F:17g EW: 15g 306kcal	Banana - Vegetable Pan • fried Rice KH: 90g (dZ, 15g) F:25g EW: 15g 651kcal	Braised Tomato Cabbage • roasted Polenta Dumplings • Barberries • Rocket KH: 41g (dZ, 14g) F:17g EW: 13g 371kcal
3 course meal with soup or salad or dessert	12,30 €					
4 PASTA STATION	* 2.50 €		Ravioli with Goat's Cheese • Lemon Conchiglie • Rocket Gnocchi • light Saffron Sauce • Pesto Rosso • extra vergine Olive Oil with Herbs • fresh grated Grana KH: 120g (dZ, 5g) F:40g EW: 36g 994kcal			
	9,90 €				Thursday - Pasta Day	
5 CLASSIC GRILL	* 4.00 €		Beef Minute Steak • Turkey Steak • Cevapcici • Chicken - Scaloppine Burger • Cheese Burger • French Fries • Cole Slaw • BBQ Sauce • Cocktail Sauce • Daily Supplements			
	11,40 €					
6 SALAD CORNER	* 4.50 €	Grilled Chicken Breast Stips • Strawberry- Caprese Salad • fresh Basil 11,90 € KH: 11g (dZ, 6g) F:26g EW: 53g 490kcal	"Buddha Bowl" Roasted Curry - Cauliflower • Carrot Sticks • Red Cabbage • Egg • Chick Peas • Goji Berries • Tahina KH: 11g (dZ, 9g) F:6g EW: 5g 123kcal	"Salade Nicoise" • Tuna • Vegetable • Olives • red Onion • Re Wine Vinegar KH: 10g (dZ, 4g) F:23g EW: 42g 418kcal	Lettuce • Rocket • Romana Salad • Goat's Cheese • Pomegranate • Walnut Oil • White Balsamic Vinegar KH: 10g (dZ, 8g) F:18g EW: 10g 244kcal	Endive Salad • Lentils • Radish • roasted Caraway - Pork Belly • Horseradish • Elderberry - Rosemary Dressing KH: 26g (dZ, 8g) F:40g EW: 38g 617kcal
	9,90 €	Jewellery Rice KH: 70g (dZ, 1g) F:7g EW: 6g 366kcal	Caraway Potatoes KH: 29g (dZ, 2g) F:10g EW: 4g 224kcal	Maccaroni Gratin KH: 74g (dZ, 3g) F:7g EW: 18g 436kcal	Nut Rice • KH: 68g (dZ, 1g) F:7g EW: 6g 359kcal	Wasabi Purée KH: 25g (dZ, 3g) F:6g EW: 5g 175kcal
SIDE DISHES (Side dish mutually interchangeable and in Main Course included)	* 2.50 €					
SIDE DISHES (Side dish mutually interchangeable and in Main Course included)	* 2.50 €	Eggplant Mash KH: 11g (dZ, 3g) F:15g EW: 7g 203kcal	Roasted Vegetable Pan KH: 6g (dZ, 6g) F:5g EW: 2g 82kcal	Balsamic Courgettes KH: 3g (dZ, 2g) F:5g EW: 3g 73kcal	Creamy Vegetable KH: 14g (dZ, 7g) F:2g EW: 6g 104kcal	Wok Vegetable KH: 8g (dZ, 5g) F:4g EW: 4g 80kcal
DESSERT	1.50 €	Mousse from Green Apple KH: 16g (dZ, 14g) F:12g EW: 5g 195kcal	Elderblossom Cream KH: 5g (dZ, 3g) F:16g EW: 6g 188kcal	Strawberry Mousse KH: 9g (dZ, 8g) F:14g EW: 4g 178kcal	Mascarpone - Plum Cream KH: 13g (dZ, 7g) F:9g EW: 3g 151kcal	Marzipan Cream KH: 14g (dZ, 13g) F:24g EW: 5g 290kcal
DESSERT	1.50 €	Marbled "Gugelhupf"	Cranberry Slices	Egg Liqueur Slices	Pear Strudel	Sweet Cheese - Berries Roulade
FRUITS	1.00 €			Choice of Fresh Fruits		

OPENING HOURS
MO-FR 11:00 a.m. - 03:00 p.m.

*Special Deal with Soup € 2.50
Special Deal with Soup € 9.90

*UniCredit Price
Quartier Sechs Price

ALLERGENS
Our staff will gladly provide
You with information on
allergens in our food

CONTACT
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Icon description at www.quartiersechs.at/halbwolf

All prices include value added tax.
Subject to alterations



Wild Garlic Menu

HIER ISST MAN RICHTIG **FRISCH**